

The LAB[®] System for Humane and Effective Pet Training and Behavior Consulting

(To be used in conjunction with a professional functional assessment)

Lifestyle Guide

Nutrition

- Implement appropriate nutrition, dietary supplements and treats.

Relationship between family members and the pet

- Educate owners regarding covert and overt behaviors.
- Implement a fair and consistent application of environmental and training cues.
- Implement a culture of +R to strengthen and develop the reinforcement history between the owner and their pet.

Health & Wellness

- Implement games, fun and play that create mental stimulation.
- Implement breed specific physical stimulation exercises.
- In cases of fear, phobia, anxiety or aggression seek veterinarian medical advice to support a behavior change program.

LAB[®]

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Antecedent Arrangement (Motivating operations and setting events)

Living Environment

- Reduce exposure to problematic SDs and CSs.
- Manage your pet "do this" rather than "do not".
- Implement safety protocols for dangerous behaviors.
- Elicit +CERs through play and fun.
- Implement relaxation protocols.

Training Environment

- Manage & control +R reinforcement protocols before, during and after training sessions.
- Manage action prompting behaviors using +R redirection protocols.
- Develop +CERs using primary and secondary reinforcement (play, fun & games).
- Implement desensitization hierarchies.

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Helping Pets Become Family
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Behavior Change

Operant Conditioning +R/-P and Respondent Conditioning

- Train incompatible or alternative behaviors.
- Implement relaxation protocols.
- Reduce the frequency, intensity or duration of an existing problematic behavior.
- Implement desensitization hierarchies.
- Develop +CERs using primary and secondary reinforcement (play, fun & games).

Having completed a Functional Assessment you then implement your behavior change program. If you do not achieve your goal then you should:

1. Review and revise, where necessary, the level of program commitment and compliance from the pet owners and participating pet professionals.
2. Revisit the original Functional Assessment. Analyze the relationship the behavior has with its environment. Revisit and review the relationship between the antecedents/behavior and the behavior/consequences.
3. Secure peer supervision to review the Functional Assessment and provide advice on implementation procedures.
4. Secure mentor supervision to review the Functional Assessment and provide advice on implementation procedures.
5. Refer to a Veterinary Behaviorist.